

Executive Summary

Cooperative Agreement	Erahm Machado (AKA Erahm Christopher)
Status	Approve cooperative agreement between Erahm Machado and SBBC
Funds Requested	\$137,827
Financial Impact Statement	The source of these funds will be from district department budget (Student Support Initiative) and divided evenly between 30 schools.
Managing Department	Department of Equity & Academic Attainment, David Watkins, Director 754-321-1600
Source of Additional Information	Office of School Performance & Accountability Michael Ramirez, Cadre Director & Alan Strauss, Cadre Director 754-321-3810
Project Description	This comprehensive “whole community” initiative will expand on the Broward County Public Schools current Social Emotional Learning (SEL) focus. The film, <i>LISTEN: It Only Takes A Moment</i> will serve as vehicle for a deeper conversation with students, teachers, parents & community. SEL aligned curriculum will be provided for schools to further engage students. Lessons will focus on various aspects of the film and be provided for school use throughout the year. This film will develop, produce and deliver a comprehensive district-wide initiative that compliments the current social emotional learning focus and inspires Broward County Public School students, parents, educators & community stakeholders to be more connected, self-aware, empathetic active listeners & leaders in mental health. This work is a continuation of this initiative starting in Winter of 2016 -2017.
Evaluation Plan	As a result of this initiative the following outcomes are expected: Each traditional BCPS high school will become an Active Listener school. Social Workers & Family Counselors will work with HOPE Club sponsors and students to facilitate Active Listener workshops. Based on pre/post assessments of students, parents & educators, there will be an increase in the number of people who recognize signs of mental health needs, bullying, suicidality. The community will have greater empathy, self-worth, feelings of belonging and citizenship skills. Schools working with local elected officials and community organizations serving youth will become active listeners and make a city-wide commitment to be designated as a “LISTEN CITY.”
Research Methodology	Current epidemiological research in adolescent suicide and suggests how knowledge could be used to reduce the rate of adolescent suicide. Recommendations include support for integrated primary prevention efforts; suicide prevention education for professionals; education and policies on firearm management; education for the media about adolescent suicide; more efficient identification and treatment of at-risk youth, including those exposed to suicidal behavior; crisis intervention; and treatment for suicide attempters. (PsycINFO Database Record (c) 2016 APA, all rights reserved) Research on the impact of exposure to suicide movies on suicidality has been marked by three limitations. It is largely based on (1) aggregate data subject to the ecological fallacy, (2) exposure to a single movie, and (3) relative lack of controls for psychological states & social factors linked to suicide. Stack, Steven & Kral, Michael & Borowski, Teresa & Francis, Taylor. (2014). Exposure to Suicide Movies and Suicide Attempts: A Research Note. Sociological focus. 47. 61-70.

Overview

#BCPSLISTENS Outcome:

This comprehensive “whole community” approach will: (1) expand on the Broward County Public Schools current SEL focus, (2) train key student leaders, educators and administrators to be active listeners, (3) build an important awareness to mental health and youth issues and (4) inspire Broward County business owners, administrators, educators, parents and students to be more connected, empathetic, self-aware, listen actively and become leaders in responding to their own and other's mental health.

Phase 1	Phase 2	Phase 3
Winter 2016-17: Stage setting	Spring 2016-17: Support Staff/School/Community Viewings	Fall 2017-18: School/Student Viewings
<p>Office of School Performance and Accountability, Equity & Academic Attainment, Student Services and ESE & Support Services, have worked to develop a comprehensive Mental Health Support Guide with activities and resources for suicide prevention and positive mental health development.</p> <p>Florida Initiatives for Suicide Prevention (FISP) have engaged parents and student groups to become <i>Active Listeners</i>:</p> <p>Currently 28 high schools in Broward County have active HOPE Sunshine Clubs which meet regularly.</p> <p>FISP has collaborate with BCPS to assist HOPE Clubs in planning programs to address: mental health, bullying, suicide prevention, social emotional learning.</p> <p>Engaging activities were developed to explore empathy, self-worth,</p>	<p>Student Support Initiatives in collaboration with OSPA and EAA worked with Hope Clubs to participate in pre-screenings of LISTEN. In attendance were School Social Workers, Family Counselors, HOPE club Facilitators (BCPS Teachers) and HOPE club students. A table top discussion took place following the viewing of LISTEN screening to address topics related to film and support all students social emotionally. Producer Erham Christopher Machado in collaboration with Social Workers facilitated an Active Listeners workshop. Students & teachers took a pre/post survey to determine the impact of the film.</p> <p>Several evening screenings took place for all School Social Workers joined by community stakeholders to view the film and provide feedback. There were additional adult and student viewings at the following high schools: Pompano Beach, Piper, McArthur, Monarch, Cypress Bay, Miramar, Flanagan, Hallandale, Nova, Cooper City,</p>	<p>Office of School Performance & Accountability and Student Support Initiatives have scheduled LISTEN screenings for all high school that have opted-in.</p> <p>All school administrators participated in the movie screening during Superintendent's State of the District address.</p> <p>Resources are available for pre-screening and table top conversations follow each screening scheduled for student viewings. School Counselors, Social Workers and Family Counselors will be present to address student needs and facilitate the Active Listeners workshop with students as follow-up.</p> <p>The HOPE Club Facilitator and HOPE Club students will also facilitate ongoing conversations with student groups</p>

<p>feelings of belonging and good citizenship skills.</p> <p>The students will plan and run the annual Hugs for Hope events at their schools to educate their parents and classmates about bullying and suicide prevention.</p>	<p>Western, Everglades, West Broward, Lauderhill 6 – 12, Fort Lauderdale, Boyd Anderson, Dillard, South Plantation, Coral Springs, Coral Glades, Deerfield, Douglass, Tarravella & DJJ.</p>	<p>at their schools. Facilitators will consider the following elements when preparing students and teachers to conduct an Active Listener Workshop &</p> <p>LISTEN Screening:</p> <ul style="list-style-type: none"> • Showing care and compassion while actively listening • Recognizing and reporting self-destructing language
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IT ONLY TAKES A MOMENT™ SURVEY

YOUTH PRE-SCREENING

THINK ABOUT YOUR PERSONAL EXPERIENCE AND CIRCLE THE STATEMENT IN THE BOX THAT BEST DESCRIBES HOW YOU FEEL.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
This school year I have felt isolated or harassed because of my race, gender, religion or appearance.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I sit down for dinner with my family at least three times a week.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I frequently speak to my parents about my problems.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
This school year I feel like I have a teacher or school counselor that I trust will listen to my problems.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I feel like I have a parent that I trust will listen to my problems.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I often feel alone with my problems.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
This school year I have experienced or witnessed cyberbullying online or through text messages.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I have a good relationship with my parents.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I am satisfied with my body and the way I look.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I feel like I am often under a lot of pressure to perform.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I have seriously considered attempting suicide.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I often hide how I truly feel.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
In the last two years I have inflicted harm on myself to feel better.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I wish I had more people in my life that would listen to me.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
Overall, I consider myself a happy person.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE

COMMENTS:



IT ONLY TAKES A MOMENT™ SURVEY

YOUTH POST-SCREENING

<u>CIRCLE THE STATEMENT IN THE BOX THAT BEST DESCRIBES HOW YOU FEEL AFTER WATCHING LIS TEN.</u>						
	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film makes me feel like I'm not alone.						
The film accurately represents the issues that I face as a youth.						
The film made me think more about how my behavior influences others.						
The film made me realize I am missing moments to help and connect to people who needs help.						
The film made me realize I haven't been very kind to some people.						
The film made me feel like I need help finding someone who will listen to me.						
The film made me realize I can help others by being a better listener.						
The film made me feel like I do not want to hurt myself or others.						
The film inspires me to want to be a better person.						
The film made me realize I could benefit by learning to become a better listener.						
The film made me feel like I need to talk more with someone about how I feel.						
The film made me feel like my mental health is important.						
I feel parents should see the film to better understand how youth feel.						
Overall, I feel like the film had a positive impact on me.						
I feel the film can help others who watch it.						

COMMENTS:



IT ONLY TAKES A MOMENT™ SURVEY

EDUCATOR PRE-SCREENING

THINK ABOUT YOUR PERSONAL EXPERIENCE AND CIRCLE THE STATEMENT IN THE BOX THAT BEST DESCRIBES HOW YOU FEEL.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I feel the mental health of a person is important.						
I feel my students understand the importance of their mental health.						
I feel like we have enough mental health resources at school to help students with problems.						
I feel I have enough training to deal with student mental health issues.						
I take time in every class period to discover the overall mental health of my students.						
I wish I had more time to discuss the importance of mental health with my students.						
In the last 30 days, I have supported a student who is going through some hard times at home.						
In the last 30 days, I have been concerned about a student harming their self or others.						
I have talked to my students about a mental health in the last thirty days.						
We have a school counselor on campus that has time to deal with mental health issues.						
I feel most teachers on my campus care about the mental health of our students.						
I often think about how my behavior affects my students.						
I feel like I have a good relationship with my students.						
In the last 30 days I have witnessed a student struggle with mental health issue.						
I feel like I am an active listener for my students.						

COMMENTS:



IT ONLY TAKES A MOMENT™ SURVEY

EDUCATOR POST-SCREENING

CIRCLE THE STATEMENT IN THE BOX THAT BEST DESCRIBES HOW YOU FEEL AFTER WATCHING LISTEN.						
	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel the mental health of a person is important.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel the film accurately reflects the struggles youth are experiencing.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel many of the youth in my school will relate to the film.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel I have enough training to deal with student mental health issues.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I am more likely to speak with my students about mental health.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I think more about how my behavior affects my students.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel like I am an active listener for my students.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel like we have enough mental health resources at school to help students.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel like students would benefit from watching the film.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I would use a curriculum designed around the film in my classroom.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I realize I should improve communication with my students.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I may not understand the problems my youth are struggling with.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel having more active listeners on campus would make our campus safer.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I am inspired to be a better educator.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel other educators would benefit from watching this film.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	

COMMENTS:



IT ONLY TAKES A MOMENT™ SURVEY

PARENT PRE-SCREENING

THINK ABOUT YOUR PERSONAL EXPERIENCE AND CIRCLE THE STATEMENT IN THE BOX THAT BEST DESCRIBES HOW YOU FEEL.		STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
In the last thirty days, my child has come to me to discuss a problem.						
I have talked to my child/children about bullying and cyberbullying.						
I sit down for at least one meal a day with my child.						
I sit down for at least three meals a week with my child.						
I take time everyday to listen to my child and what is on their mind.						
I feel like my parents were active listeners for me.						
I have rules and parameters regarding the use of technology in my house.						
I have spent time with my child discussing what they can and cannot do online.						
I feel that there is a connection between bullying and mental health.						
I actively think about how my behavior affects my child/children.						
I feel like I have a good relationship with my child/children.						
I feel like I am an active listener for my child/children.						
I often feel overwhelmed by stress.						
I feel like my child's school is concerned about my child's mental health.						
My child/children feel they can talk to me about anything.						

COMMENTS:



IT ONLY TAKES A MOMENT™ SURVEY

PARENT POST-SCREENING

<u>CIRCLE THE STATEMENT IN THE BOX THAT BEST DESCRIBES HOW YOU FEEL AFTER WATCHING LIS TEN.</u>						
	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me feel like I have a good relationship with my child/children.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel the film is an accurate representation of the issues impacting youth.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me feel like I don't understand all of the challenges my child/children are facing.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me realize how my behavior has a strong influence on my child/children.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me realize that the mental health of my child/children is important.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me more likely to talk with my child/children about internet safety.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me realize I should improve communication with my child/children.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me want to understand what problems my child/children may be going through.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film I want to learn how to improve my listening skills.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me inspired to be a better parent.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel that other parents can benefit from watching the film.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel the film focuses on topics that are very difficult for me to discuss.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me realize that I might be missing important moments to connect with others.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
I feel like youth can benefit from watching the film.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
The film made me realize I need to spend more time listening to my child/children.	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	

COMMENTS: